

## 44. Volkswaldlauf "Um den Auesee"

### Ergebnisliste

| Platz        | M   | W  | Start | Name                    | Jg.  | AK     | Verein                     | Zeit     |
|--------------|-----|----|-------|-------------------------|------|--------|----------------------------|----------|
| 10 km - Lauf |     |    |       |                         |      |        |                            |          |
| 1            | 1.  |    | 1259  | Müller, Henning         | 1982 | 1. M40 |                            | 36:20,26 |
| 2            | 2.  |    | 1064  | Sellmann, Jan-Hendrik   | 1997 | 1. M   | Sanitätshaus Schröer       | 39:06,20 |
| 3            | 3.  |    | 1094  | Wiesinger, Tim          | 1991 | 1. M35 | TSG Neuenknick             | 39:29,45 |
| 4            | 4.  |    | 1214  | Neidiger, Oliver        | 1966 | 1. M60 | SV 1860 Minden             | 39:40,65 |
| 5            | 5.  |    | 1125  | Schröer, Luis           | 1997 | 2. M   | Sanitätshaus Schröer       | 40:10,02 |
| 6            | 6.  |    | 1116  | Hoffmann, Peer          | 1978 | 1. M45 | laufdeals.de               | 40:25,75 |
| 7            | 7.  |    | 1060  | Meier, Hinrich          | 1980 | 2. M45 |                            | 40:37,10 |
| 8            | 8.  |    | 1015  | Leismann, Simon         | 1992 | 1. M30 | BSG Merkur Gauselmann e.V. | 40:47,49 |
| 9            | 9.  |    | 1007  | Heckert, Daniel         | 1984 | 2. M40 |                            | 41:00,25 |
| 10           | 10. |    | 1100  | Lükemeier, Sven         | 1978 | 3. M45 | Absolute Run Crew Minden   | 41:22,45 |
| 11           | 11. |    | 1260  | Herzig, Christian       | 1976 | 1. M50 | BSG MERKUR Gauselmann e.V. | 41:44,62 |
| 12           | 12. |    | 1267  | Patermann, Tjark        | 1990 | 2. M35 | SV 1860 Minden             | 42:08,56 |
| 13           | 13. |    | 1251  | Vieten, Eckart          | 1971 | 1. M55 | SV 1860 Minden             | 42:14,85 |
| 14           | 14. |    | 1028  | Lenthe, Florian         | 1985 | 3. M40 | Hillpower Laufteam         | 42:17,75 |
| 15           | 15. |    | 1088  | Kampeter, Maik          | 1974 | 2. M50 | SVE Börninghausen          | 42:34,02 |
| 16           | 16. |    | 1181  | Löwen, Boris            | 1977 | 4. M45 |                            | 42:57,45 |
| 17           |     | 1. | 1266  | Lietz, Caroline         | 1996 | 1. W30 | SV Teuto Riesenbeck        | 43:04,22 |
| 18           | 17. |    | 1184  | Kütemann, Axel          | 1984 | 4. M40 | VfL Frotheim               | 43:36,05 |
| 19           | 18. |    | 1200  | Weingärtner, Tilmann    | 1987 | 3. M35 |                            | 43:49,75 |
| 20           | 19. |    | 1023  | Läufer, Björn           | 1978 | 5. M45 | TSV 05 Treis               | 43:59,55 |
| 21           |     | 2. | 1232  | Ahlers, Sara            | 1982 | 1. W40 | TG Werste                  | 44:13,22 |
| 22           | 20. |    | 1063  | Böger, Frank            | 1968 | 2. M55 | VfL Bückeburg              | 44:20,26 |
| 23           | 21. |    | 1054  | Glowienke, Jörg         | 1973 | 3. M50 | TuS Wasserstraße           | 44:33,30 |
| 24           | 22. |    | 1160  | Wöbbeking, Jens         | 1980 | 6. M45 | ASICS FrontRunner          | 44:46,65 |
| 25           | 23. |    | 1231  | Walter, Dominik         | 1993 | 2. M30 |                            | 44:51,65 |
| 26           | 24. |    | 1081  | Homann, Jens            | 1981 | 7. M45 | Absolute Run Crew Minden   | 44:54,55 |
| 27           | 25. |    | 1058  | Niedermeyer, Jens       | 1972 | 4. M50 | Absolute Run Crew Minden   | 45:24,16 |
| 28           | 26. |    | 1195  | Röthemeyer, Timo        | 1989 | 4. M35 |                            | 46:04,87 |
| 29           | 27. |    | 1264  | Autzen, Daniel          | 1984 | 5. M40 |                            | 46:18,65 |
| 30           | 28. |    | 1051  | Bröenhorst, Jan         | 1978 | 8. M45 | Eintracht Oberlübbe        | 46:23,05 |
| 31           | 29. |    | 1168  | Bartelheimer, Michael   | 1981 | 9. M45 |                            | 46:56,82 |
| 32           | 30. |    | 1219  | Liedtke, Oliver         | 1966 | 2. M60 | Sparkasse Minden-Lübbecke  | 47:07,75 |
| 33           | 31. |    | 1546  | Rohlfing, Gerd Heinrich | 1970 | 3. M55 |                            | 47:09,35 |
| 34           | 32. |    | 1061  | Ehrhardt, Nico          | 1985 | 6. M40 | Das E-Team                 | 47:15,05 |
| 35           | 33. |    | 1540  | Zaldivar, Alberty       | 1999 | 3. M   |                            | 47:17,49 |
| 36           | 34. |    | 1173  | Oestreich, Dominik      | 1993 | 3. M30 |                            | 47:28,25 |
| 37           | 35. |    | 1191  | Molkenbur, Mika         | 2008 | 1. MJU |                            | 47:45,45 |
| 38           | 36. |    | 1079  | Marold, Willi           | 2009 | 1. MJU | SV Schnathorst 1925 e.V.   | 47:51,62 |
| 39           | 37. |    | 1170  | Scholz, Fabio Luca      | 2006 | 1. MU2 |                            | 47:59,31 |
| 40           | 38. |    | 1175  | Scholz, Dirk            | 1972 | 5. M50 | Sparkasse Minden-Lübbecke  | 48:02,96 |
| 41           | 39. |    | 1043  | Eikmeier, Nils          | 1989 | 5. M35 | Midlife-Crisis-Running     | 48:11,36 |
| 42           | 40. |    | 1101  | Fieseler, Stefan        | 1973 | 6. M50 |                            | 48:14,26 |
| 43           |     | 3. | 1510  | Bieda, Trixi            | 2005 | 1. WU2 |                            | 48:20,95 |
| 44           | 41. |    | 1233  | Lange, Stefan           | 1983 | 7. M40 | BSG Merkur Gauselmann e.V. | 48:26,31 |

## 44. Volkswaldlauf "Um den Auesee"

### Ergebnisliste

| Platz | M   | W   | Start | Name                   | Jg.  | AK      | Verein                               | Zeit     |
|-------|-----|-----|-------|------------------------|------|---------|--------------------------------------|----------|
| 45    |     | 4.  | 1106  | Schnabel, Daniela      | 1978 | 1. W45  | SV 1860 Minden                       | 48:56,13 |
| 46    |     | 5.  | 1105  | Weihe, Antonia         | 1988 | 1. W35  | Praxis Dr. Sensmeier                 | 48:56,39 |
| 47    | 42. |     | 1242  | Wiens, Michael         | 1994 | 4. M30  |                                      | 49:34,65 |
| 48    | 43. |     | 1027  | Böhm, Uwe              | 1960 | 1. M65  | VfL Bückeburg                        | 49:38,92 |
| 49    |     | 6.  | 1155  | Holm, Melina           | 2006 | 2. WU2  |                                      | 49:50,55 |
| 50    | 44. |     | 1040  | Neuhaus, Sebastian     | 1975 | 7. M50  | TTS Minden                           | 49:58,99 |
| 51    | 45. |     | 1245  | Möhle, Bernd           | 1968 | 4. M55  | Absolute Run Crew Minden             | 50:04,00 |
| 52    | 46. |     | 1111  | Kahmann, Marcus        | 1978 | 10. M45 | TTS Minden                           | 50:11,79 |
| 53    | 47. |     | 1167  | Grimme, Sascha         | 1984 | 8. M40  | Absolute Run Crew Minden             | 50:12,56 |
| 54    |     | 7.  | 1508  | Pinkowski, Nicole      | 1980 | 2. W45  |                                      | 50:19,10 |
| 55    | 48. |     | 1509  | Scheffler, Herbert     | 1977 | 11. M45 |                                      | 50:19,36 |
| 56    |     | 8.  | 1513  | Erbrich, Theresa       | 1994 | 2. W30  |                                      | 50:20,05 |
| 57    | 49. |     | 1145  | Buhmeier, Marvin       | 1990 | 6. M35  | Quetzen/Heimsen                      | 50:41,36 |
| 58    |     | 9.  | 1026  | Böhm, Lara             | 1995 | 3. W30  | VfL Bückeburg                        | 50:46,45 |
| 59    | 50. |     | 1506  | Nolting, Volker        | 1966 | 3. M60  | Zahlmann Team                        | 51:04,65 |
| 60    | 51. |     | 1057  | Piel, Thomas           | 1991 | 7. M35  |                                      | 51:08,40 |
| 61    |     | 10. | 1129  | Borgmann, Gina         | 1997 | 1. W    | LT Freya Friedewalde                 | 51:19,20 |
| 62    | 52. |     | 1034  | Emmerling, Stefan      | 1974 | 8. M50  | VfB Fabbenstedt                      | 51:20,40 |
| 63    | 53. |     | 1082  | Adelmann, Yannick      | 1991 | 8. M35  |                                      | 52:08,69 |
| 64    |     | 11. | 1204  | Franke, Johanna        | 1996 | 4. W30  | SV 1860 Minden                       | 52:09,75 |
| 65    |     | 12. | 1208  | Albers, Sonja          | 1981 | 3. W45  |                                      | 52:11,66 |
| 66    |     | 13. | 1171  | Scholz, Angelina Zoe   | 2000 | 2. W    | Lauftreff TuRa Löhne                 | 52:28,69 |
| 67    | 54. |     | 1217  | Herrmann, Dietmar      | 1956 | 1. M70  | VfL Bückeburg                        | 52:30,85 |
| 68    | 55. |     | 1012  | Wegener, Jens          | 1971 | 5. M55  | SG Sparkasse Herford                 | 52:41,95 |
| 69    |     | 14. | 1151  | Horstmann-Brüggeman    | 1958 | 1. W65  | Lübbecke Berglöwen                   | 53:02,56 |
| 70    | 56. |     | 1045  | Werner, Frank          | 1975 | 9. M50  | BSG MERKUR Gauselmann e.V.           | 53:13,26 |
| 71    | 57. |     | 1080  | Marold, Benjamin       | 1980 | 12. M45 | SV Schnathorst 1925 e.V.             | 53:13,65 |
| 72    |     | 15. | 1001  | Brömmelmeier, Josefine | 1992 | 5. W30  | WAGO Roadrunners                     | 53:29,16 |
| 73    | 58. |     | 1141  | Hauff, Johannes        | 1982 | 9. M40  |                                      | 53:30,59 |
| 74    |     | 16. | 1143  | Müller, Nora           | 1986 | 2. W40  | BSG MERKUR Gauselmann e.V.           | 53:41,11 |
| 75    | 59. |     | 1109  | Eilbracht, Frank       | 1966 | 4. M60  | TuRa Löhne Lauftreff                 | 53:47,86 |
| 76    | 60. |     | 1201  | Brandhorst, Daniel     | 1986 | 10. M40 |                                      | 53:53,66 |
| 77    | 61. |     | 1211  | Maraun, Christoph      | 1976 | 10. M50 |                                      | 53:58,00 |
| 78    |     | 17. | 1120  | Brunsch, Nina          | 1980 | 4. W45  |                                      | 53:58,22 |
| 79    | 62. |     | 1550  | Kruse, Horst           | 1964 | 5. M60  | Weserpeser                           | 54:46,65 |
| 80    |     | 18. | 1035  | Meier, Larissa         | 1994 | 6. W30  | BSG MERKUR Gauselmann e.V.           | 54:47,70 |
| 81    | 63. |     | 1070  | Reimler, Jan-Henrik    | 1981 | 13. M45 | BSG Merkur Gauselmann e.V.           | 54:47,71 |
| 82    |     | 19. | 1102  | Unterbrink, Jolina     | 2003 | 3. W    | Löhner Reitgemeinschaft am Osterfeld | 55:07,25 |
| 83    | 64. |     | 1032  | Schrimper, Mark        | 1972 | 11. M50 | FC St. Pauli Marathon                | 55:13,79 |
| 84    |     | 20. | 1205  | Rohlfing, Linda        | 1983 | 3. W40  |                                      | 55:22,00 |
| 85    | 65. |     | 1501  | Unrau, Max             | 2012 | 1. MJU  | Febg Espelkamp                       | 55:53,85 |
| 86    |     | 21. | 1502  | Nolte, Leni            | 2005 | 3. WU2  |                                      | 55:55,25 |
| 87    | 66. |     | 1139  | Jahn, Olaf             | 1975 | 12. M50 | Volksbank PLUS eG                    | 56:18,25 |
| 88    | 67. |     | 1149  | Arndt, Gunnar          | 1967 | 6. M55  | TuS Bohnhorst                        | 56:23,92 |
| 89    | 68. |     | 1172  | Heitmeier, Arne        | 2010 | 2. MJU  |                                      | 56:59,06 |

## 44. Volkswaldlauf "Um den Auesee"

### Ergebnisliste

| Platz | M   | W   | Start | Name                 | Jg.  | AK      | Verein                        | Zeit       |
|-------|-----|-----|-------|----------------------|------|---------|-------------------------------|------------|
| 90    |     | 22. | 1512  | Vahrenhorst, Joyce   | 2008 | 1. WJU  | SUS Bad Holzhausen            | 57:03,39   |
| 91    |     | 23. | 1207  | Hachmeier, Silke     | 1978 | 5. W45  |                               | 57:03,82   |
| 92    | 69. |     | 1541  | Rische, Holger       | 1968 | 7. M55  |                               | 57:04,06   |
| 93    | 70. |     | 1092  | Müller, Andre        | 1980 | 14. M45 | VfB Fabbenstedt               | 57:07,22   |
| 94    | 71. |     | 1253  | Hoffmann, Ulrich     | 1950 | 1. M75  | Lauftreff Vlotho              | 57:07,65   |
| 95    | 72. |     | 1126  | Maretzki, Jens       | 1964 | 6. M60  | TUS Lahde/Quetzen             | 57:07,67   |
| 96    | 73. |     | 1215  | Bartoschek, Bernd    | 1952 | 2. M70  | SV1860 Minden                 | 57:10,70   |
| 97    |     | 24. | 1164  | Nennker, Friederike  | 1971 | 1. W55  | SV 1860 Minden                | 57:10,72   |
| 98    | 74. |     | 1542  | Vauth, Alexander     | 1973 | 13. M50 | TUS Lübbecke                  | 57:16,85   |
| 99    |     | 25. | 1511  | Edler, Laura         | 1997 | 4. W    | Absolute Run Crew Minden      | 57:31,55   |
| 100   |     | 26. | 1033  | Emmerling, Nicoll    | 1973 | 1. W50  | VfB Fabbenstedt               | 57:40,62   |
| 101   | 75. |     | 1163  | Holle, Jörg          | 1963 | 7. M60  | ATSV-Espelkamp                | 57:52,35   |
| 102   | 76. |     | 1547  | Ullrich, Torsten     | 1970 | 8. M55  |                               | 57:54,49   |
| 103   |     | 27. | 1037  | Edler, Alena         | 2001 | 5. W    | Absolut Run Crew Minden       | 57:54,62   |
| 104   | 77. |     | 1004  | Westermann, Frank    | 1970 | 9. M55  |                               | 58:08,49   |
| 105   |     | 28. | 1038  | Edler, Christiane    | 1970 | 2. W55  | Absolute Run Crew Minden      | 58:18,15   |
| 106   | 78. |     | 1186  | Andree, Christian    | 1985 | 11. M40 | Wittekindshof                 | 58:29,36   |
| 107   | 79. |     | 1185  | Spönemann, Siegfried | 1953 | 3. M70  | TuS Hartum                    | 58:36,29   |
| 108   | 80. |     | 1222  | Stoyke, Peter        | 1956 | 4. M70  | TuS Hartum                    | 58:36,31   |
| 109   |     | 29. | 1113  | Hendel, Antje        | 1970 | 3. W55  |                               | 58:44,16   |
| 110   | 81. |     | 1065  | Brakemann, Jannik    | 1996 | 5. M30  |                               | 59:01,02   |
| 111   |     | 30. | 1159  | Rohlfing, Karolin    | 1979 | 6. W45  |                               | 59:05,85   |
| 112   | 82. |     | 1193  | Riechmann, Markus    | 1980 | 15. M45 |                               | 59:12,10   |
| 113   | 83. |     | 1202  | Schröder, Wolfgang   | 1948 | 2. M75  | 1. BSV Wulferdingsen          | 59:15,55   |
| 114   | 84. |     | 1548  | Federer, Christian   | 1989 | 9. M35  | Febg Espelkamp                | 59:36,40   |
| 115   | 85. |     | 1108  | Ernet, Matthias      | 1972 | 14. M50 | TV Lenzinghausen              | 59:46,55   |
| 116   |     | 31. | 1076  | Beier, Alex          | 1994 | 7. W30  |                               | 59:59,75   |
| 117   | 86. |     | 1059  | Zazulak, Timo        | 1990 | 10. M35 | ZazuPrints                    | 1:00:10,65 |
| 118   |     | 32. | 1006  | Jahn, Melanie        | 1984 | 4. W40  | LT Petershagen                | 1:00:15,76 |
| 119   | 87. |     | 1209  | Manthey, Dennis      | 1969 | 10. M55 | Keniatrics                    | 1:00:31,05 |
| 120   | 88. |     | 1153  | Hellmeier, Bjarne    | 2005 | 2. MU2  | LT Oberbauerschaft            | 1:00:41,55 |
| 121   | 89. |     | 1265  | Unterbrink, Calvin   | 2008 | 2. MJU  |                               | 1:00:44,12 |
| 122   |     | 33. | 1074  | Albrecht, Ina-Maria  | 1990 | 2. W35  | Midlife - Crisis Running      | 1:01:05,46 |
| 123   |     | 34. | 1194  | Jäger, Maren         | 1980 | 7. W45  | SV 1860 Minden                | 1:01:25,05 |
| 124   |     | 35. | 1178  | Latatz, Anika        | 1983 | 5. W40  |                               | 1:01:52,86 |
| 125   |     | 36. | 1256  | Schmidtke,           | 1991 | 3. W35  | Cappadocia Running Crew       | 1:02:23,19 |
| 126   | 90. |     | 1152  | Hellmeier, Fred      | 1971 | 11. M55 | LT Oberbauerschaft            | 1:02:30,01 |
| 127   | 91. |     | 1103  | Schröder, Frederic   | 1991 | 11. M35 |                               | 1:03:18,31 |
| 128   |     | 37. | 1047  | Mollenhauer, Martina | 1968 | 4. W55  | EAT, Tri-4-Fun SVKT Minden 07 | 1:03:24,65 |
| 129   |     | 38. | 1002  | Brakemann, Vanessa   | 1994 | 8. W30  | WAGO Roadrunners              | 1:03:43,81 |
| 130   |     | 39. | 1545  | Gatzke, Maite        | 2005 | 4. WU2  |                               | 1:03:59,81 |
| 131   |     | 40. | 1263  | Franke, Andrea       | 1971 | 5. W55  | /                             | 1:04:10,36 |
| 132   | 92. |     | 1169  | Schäfer, Julian      | 1990 | 12. M35 | Loperei Laufen mit Herz       | 1:04:28,66 |
| 133   | 93. |     | 1213  | Brinkmann, Axel      | 1975 | 15. M50 |                               | 1:04:30,56 |
| 134   | 94. |     | 1148  | Peitsmeyer, Theo     | 2013 | 1. MJU  | VfB Fabbenstedt               | 1:04:39,39 |

## 44. Volkswaldlauf "Um den Auesee"

### Ergebnisliste

| Platz | M    | W   | Start | Name                | Jg.  | AK      | Verein                   | Zeit       |
|-------|------|-----|-------|---------------------|------|---------|--------------------------|------------|
| 135   |      | 41. | 1244  | Wiegmann, Wiebke    | 1983 | 6. W40  | Minden Athletics         | 1:04:51,19 |
| 136   | 95.  |     | 1075  | Plöger, Julian      | 1990 | 13. M35 | Midlife crisis running   | 1:04:59,72 |
| 137   |      | 42. | 1021  | Röbke, Dagmar       | 1969 | 6. W55  | Absolute Run Crew Minden | 1:05:19,45 |
| 138   |      | 43. | 1504  | Ferderer, Katharina | 1984 | 7. W40  | Febg Espelkamp           | 1:05:43,79 |
| 139   |      | 44. | 1104  | Tödtmann, Miriam    | 1989 | 4. W35  |                          | 1:05:46,00 |
| 140   |      | 45. | 1549  | Bollhorst, Janine   | 1987 | 5. W35  |                          | 1:05:46,02 |
| 141   |      | 46. | 1544  | Curci, Aurora       | 2005 | 5. WU2  |                          | 1:05:46,25 |
| 142   |      | 47. | 1013  | Lage, Andrea        | 1978 | 8. W45  | TuRa Löhne Laufftreff    | 1:05:56,51 |
| 143   |      | 48. | 1505  | Unrau, Stefanie     | 1984 | 8. W40  | Febg Espelkamp           | 1:06:15,11 |
| 144   |      | 49. | 1025  | Tiemann, Klaudia    | 1970 | 7. W55  | Tura Löhne Laufftreff    | 1:06:23,57 |
| 145   | 96.  |     | 1036  | Hawighorst, Jörg    | 1971 | 12. M55 | Tura Löhne Laufftreff    | 1:07:08,21 |
| 146   | 97.  |     | 1220  | Kaiser, Ingo        | 1960 | 2. M65  | LT Petershagen           | 1:08:04,45 |
| 147   | 98.  |     | 1179  | Alsdorf, Andreas    | 1959 | 3. M65  | SV 1860 Minden           | 1:08:41,39 |
| 148   | 99.  |     | 1183  | Schierloh, Ramon    | 1983 | 12. M40 |                          | 1:08:44,71 |
| 149   | 100. |     | 1069  | Lorenz, Harry       | 1956 | 5. M70  |                          | 1:09:16,26 |
| 150   |      | 50. | 1543  | Newton, Lana        | 2003 | 6. W    |                          | 1:11:09,31 |
| 151   |      | 51. | 1166  | Brumm, Sabina       | 1992 | 9. W30  | -                        | 1:11:31,59 |
| 152   | 101. |     | 1196  | Wittig, Andreas     | 1959 | 4. M65  |                          | 1:12:45,36 |
| 153   |      | 52. | 1203  | Tausch, Claudia     | 1960 | 2. W65  | TG Werste                | 1:13:24,55 |
| 154   |      | 53. | 1165  | Holle, Susanne      | 1965 | 1. W60  | Wiehenläufer Hüllhorst   | 1:13:50,72 |
| 155   |      | 54. | 1029  | Brahmal, Paula      | 2006 | 6. WU2  |                          | 1:16:19,05 |
| 156   | 102. |     | 1188  | Bauerfeld, Dirk     | 1978 | 16. M45 | Wittekindshof            | 1:17:54,75 |
| 157   | 103. |     | 1187  | Bohnenkamp, Tim     | 1994 | 6. M30  | Wittekindshof            | 1:17:55,71 |
| 158   | 104. |     | 1084  | Haake, Udo          | 1956 | 6. M70  | sv ohne 11 Lübbecke      | 1:20:42,15 |
| 159   |      | 55. | 1197  | Wittig, Margit      | 1960 | 3. W65  |                          | 1:25:11,16 |

### 18 km - Lauf

|    |     |  |      |                     |      |        |                                |            |
|----|-----|--|------|---------------------|------|--------|--------------------------------|------------|
| 1  | 1.  |  | 2527 | Riechers, Nicolai   | 1993 | 1. M30 | IMI Bahr Modeltechnik          | 1:02:54,01 |
| 2  | 2.  |  | 2071 | Spieß, Andreas      | 1994 | 2. M30 | ESV Eintracht Hameln           | 1:07:07,71 |
| 3  | 3.  |  | 2000 | Stark, Sebastian    | 1983 | 1. M40 |                                | 1:10:15,85 |
| 4  | 4.  |  | 2001 | Griese, Sven        | 1976 | 1. M50 | TuRa Löhne Laufftreff          | 1:13:07,21 |
| 5  | 5.  |  | 2034 | Klawuhn, Marcel     | 1991 | 1. M35 |                                | 1:14:12,06 |
| 6  | 6.  |  | 2020 | Berg, Martin        | 1968 | 1. M55 |                                | 1:14:16,25 |
| 7  | 7.  |  | 2528 | Knost, Sören        | 1988 | 2. M35 | Rad Treff Barchum              | 1:15:06,31 |
| 8  | 8.  |  | 2024 | Radünz, Marc        | 1974 | 2. M50 |                                | 1:18:24,96 |
| 9  | 9.  |  | 2084 | Kattelmann, Michael | 1972 | 3. M50 | VLLBielefeld                   | 1:20:31,26 |
| 10 | 10. |  | 2018 | Eikmeier, Niklas    | 1997 | 1. M   | T.G.Enigloh                    | 1:21:41,35 |
| 11 | 11. |  | 2035 | Efe, Murat          | 1993 | 3. M30 | Cappadocia Running Crew        | 1:22:12,06 |
| 12 | 12. |  | 2102 | Kroll, Leander      | 1996 | 4. M30 | Minden Athletics               | 1:23:08,06 |
| 13 | 13. |  | 2116 | Greiling, Tobias    | 1990 | 3. M35 |                                | 1:24:30,65 |
| 14 | 14. |  | 2055 | Oluschinsky, Stefan | 1979 | 1. M45 | Trail Team OWL                 | 1:24:35,11 |
| 15 | 15. |  | 2014 | Rojahn, Jan         | 1980 | 2. M45 | SC Porta Westfalica - Nammen   | 1:26:09,51 |
| 16 | 16. |  | 2028 | Marquardt, Kai      | 1974 | 4. M50 | BSG EDEKA Minden Hannover e.V. | 1:27:56,85 |
| 17 | 17. |  | 2016 | Jach, Andreas       | 1970 | 2. M55 | Wadenbeißer 09                 | 1:27:59,96 |
| 18 | 18. |  | 2054 | Breyer, Michael     | 1972 | 5. M50 | VfL Bückeburg                  | 1:29:01,22 |
| 19 | 19. |  | 2006 | Schwettmann,        | 1984 | 2. M40 | LaufgruppeKisker               | 1:29:11,38 |

## 44. Volkswaldlauf "Um den Auesee"

### Ergebnisliste

| Platz | M   | W   | Start | Name                  | Jg.  | AK     | Verein                      | Zeit       |
|-------|-----|-----|-------|-----------------------|------|--------|-----------------------------|------------|
| 20    |     | 1.  | 2100  | Schäfer, Petra        | 1974 | 1. W50 | Freya Friedewalde / Loperei | 1:31:01,85 |
| 21    | 20. |     | 2048  | Marsch, Gerrit        | 1985 | 3. M40 | TuS Lahde/Quetzen           | 1:31:05,85 |
| 22    | 21. |     | 2072  | Haake, Gerrit         | 1996 | 5. M30 | Eintracht Oberlübbe         | 1:31:52,42 |
| 23    | 22. |     | 2080  | Eldeniz, Kiyasettin   | 1972 | 6. M50 | Cappadocia Running Crew     | 1:34:02,26 |
| 24    | 23. |     | 2500  | Bröking, Yannick      | 1995 | 6. M30 |                             | 1:34:06,32 |
| 25    | 24. |     | 2098  | Gatzke, Matteo        | 2005 | 1. MU2 |                             | 1:34:50,86 |
| 26    | 25. |     | 2097  | Scholz, Alexander     | 1991 | 4. M35 | Teuto Run and Fun           | 1:34:51,21 |
| 27    | 26. |     | 2019  | Evans, Sean           | 1970 | 3. M55 |                             | 1:34:53,01 |
| 28    | 27. |     | 2524  | Wilhelm, Patrick      | 1970 | 4. M55 | VfL Holsen                  | 1:35:40,01 |
| 29    | 28. |     | 2523  | Ylmaz, Yasin          | 1996 | 7. M30 | Cappadocia Running Crew     | 1:36:26,25 |
| 30    | 29. |     | 2502  | Habbe, Daniel         | 1988 | 5. M35 |                             | 1:36:53,61 |
| 31    |     | 2.  | 2094  | Struck, Kathi         | 1989 | 1. W35 | Hurricane Holsen            | 1:36:54,86 |
| 32    | 30. |     | 2036  | Schummeck, Marcel     | 1979 | 3. M45 |                             | 1:37:21,86 |
| 33    | 31. |     | 2106  | Walke, Michael        | 1968 | 5. M55 | ATSV Espelkamp              | 1:37:44,96 |
| 34    | 32. |     | 2060  | Froböse, Jürgen       | 1966 | 1. M60 | TV Hille                    | 1:38:36,85 |
| 35    |     | 3.  | 2076  | Nitz, Alisa           | 1994 | 1. W30 |                             | 1:38:58,32 |
| 36    | 33. |     | 2033  | Gabriel, Roland       | 1954 | 1. M70 | MLVLLS                      | 1:39:47,66 |
| 37    |     | 4.  | 2043  | Nahrwold, Carolin     | 1983 | 1. W40 | SG Schamerloh Loperei       | 1:40:08,81 |
| 38    | 34. |     | 2070  | Althoff, Hans-Hermann | 1956 | 2. M70 |                             | 1:40:20,25 |
| 39    | 35. |     | 2052  | Köhler, Bernd         | 1969 | 6. M55 |                             | 1:41:08,15 |
| 40    | 36. |     | 2041  | Conrad, Jens          | 1973 | 7. M50 | TuS Humfeld                 | 1:41:11,06 |
| 41    |     | 5.  | 2120  | Steinmeyer, Mandy     | 1974 | 2. W50 | Hurricane Holsen            | 1:41:57,75 |
| 42    | 37. |     | 2021  | Hübert, Gennadij      | 1985 | 4. M40 |                             | 1:42:02,01 |
| 43    | 38. |     | 2115  | Meyer zu Allendorf,   | 1966 | 2. M60 | KENIATICS                   | 1:43:22,21 |
| 44    | 39. |     | 2506  | Metten, Andreas       | 1967 | 7. M55 | RC Endspurt Herford         | 1:43:46,61 |
| 45    | 40. |     | 2501  | Ahmed, Omar           | 1980 | 4. M45 |                             | 1:44:00,25 |
| 46    |     | 6.  | 2064  | Vynogradova, Lena     | 1976 | 3. W50 |                             | 1:44:28,72 |
| 47    |     | 7.  | 2063  | Schwarze, Katja       | 1969 | 1. W55 |                             | 1:44:28,76 |
| 48    | 41. |     | 2025  | Ungefuk, Roman        | 1982 | 5. M40 | BSG MERKUR Gauselmann e.V.  | 1:48:03,99 |
| 49    | 42. |     | 2095  | Flietel, Frank        | 1959 | 1. M65 | Hurricane Holsen            | 1:48:07,55 |
| 50    | 43. |     | 2526  | Drees, Volker         | 1967 | 8. M55 | FT Dützen                   | 1:48:10,47 |
| 51    |     | 8.  | 2529  | Niermann, Khira       | 1987 | 2. W35 | Freya Friedewalde           | 1:49:03,10 |
| 52    |     | 9.  | 2026  | Schmidt-Wesemann,     | 1969 | 2. W55 | Lübbecker Berglöwen         | 1:50:29,96 |
| 53    | 44. |     | 2017  | Heine-Forth, Thomas   | 1964 | 3. M60 | SV 1860 Minden              | 1:50:45,26 |
| 54    |     | 10. | 2078  | Rullkötter, Carolin   | 1993 | 2. W30 |                             | 1:58:04,89 |
| 55    | 45. |     | 2074  | Hübner, Jonas         | 2008 | 1. MJU |                             | 2:03:32,96 |
| 56    |     | 11. | 2530  | Niermann, Ronja       | 1997 | 1. W   | Freya Friedewalde           | 2:05:41,45 |
| 57    |     | 12. | 2044  | Thiermann, Christina  | 1977 | 1. W45 | SG Schamerloh-Loperei       | 2:07:33,76 |
| 58    |     | 13. | 2083  | Struckmeier, Glorija  | 1977 | 2. W45 |                             | 2:11:35,09 |
| 59    |     | 14. | 2503  | Jost, Rosa            | 1968 | 3. W55 |                             | 2:11:35,32 |
| 60    | 46. |     | 2525  | Weidenmüller, Uwe     | 1966 | 4. M60 | Run For Fun                 | 2:18:02,93 |

#### 5,3 km - Lauf

|   |    |      |                 |      |        |                            |          |
|---|----|------|-----------------|------|--------|----------------------------|----------|
| 1 | 1. | 3245 | Korsen, Mirko   | 1986 | 1. M40 | Hillpower Laufteam         | 19:15,08 |
| 2 | 2. | 3208 | Müller, Carsten | 1975 | 1. M50 | SC Porta Westfalica Nammen | 19:29,77 |
| 3 | 3. | 3541 | Gaus, Alex      | 2001 | 1. M   | Isenstedter Sportclub      | 19:37,57 |

## 44. Volkswaldlauf "Um den Auesee"

### Ergebnisliste

| Platz | M   | W   | Start | Name                 | Jg.  | AK     | Verein                               | Zeit     |
|-------|-----|-----|-------|----------------------|------|--------|--------------------------------------|----------|
| 4     | 4.  |     | 3504  | Niemann, Jan-Luca    | 2000 | 2. M   |                                      | 20:08,82 |
| 5     | 5.  |     | 3124  | Halbrodt, Louis      | 1993 | 1. M30 | TuS Eintracht Oberlübbe / Cappadocia | 20:09,05 |
| 6     | 6.  |     | 3008  | von Behren, Benjamin | 1998 | 3. M   |                                      | 20:15,27 |
| 7     | 7.  |     | 3540  | Wessler, Daniel      | 2002 | 4. M   |                                      | 20:21,63 |
| 8     | 8.  |     | 3055  | Wedig, Christian     | 1984 | 2. M40 | Erdinger Active Team                 | 20:42,87 |
| 9     |     | 1.  | 3220  | Palmowski, Jana      | 1988 | 1. W35 | SC Porta Westfalica Nammen           | 21:00,62 |
| 10    | 9.  |     | 3158  | Dirkes, Dominik      | 1989 | 1. M35 | Hillpower Laufteam                   | 21:02,38 |
| 11    | 10. |     | 3539  | Habig, Marcel        | 1999 | 5. M   | Saarner Umweltverein                 | 21:17,67 |
| 12    |     | 2.  | 3157  | Spieß, Melanie       | 2003 | 1. W   | ESV Eintracht Hameln                 | 21:56,11 |
| 13    | 11. |     | 3225  | Ward, Antony         | 1990 | 2. M35 |                                      | 22:11,14 |
| 14    | 12. |     | 3192  | Roch, Rudy           | 1990 | 3. M35 | Lübbecker Berglöwen                  | 22:12,23 |
| 15    | 13. |     | 3501  | Geermann, Bastian    | 1980 | 1. M45 |                                      | 22:24,87 |
| 16    |     | 3.  | 3036  | Korsen, Sabrina      | 1988 | 2. W35 | SV 1860 Minden                       | 22:27,17 |
| 17    | 14. |     | 3063  | Grobermann, Martin   | 1964 | 1. M60 | TSV Loccum                           | 22:40,08 |
| 18    | 15. |     | 3203  | Schäkel, Andre       | 1985 | 3. M40 | TUS Lahde/Quetzen                    | 22:57,77 |
| 19    |     | 4.  | 3180  | Hormann, Malea       | 2008 | 1. WJU | ATSV Espelkamp                       | 23:17,34 |
| 20    | 16. |     | 3236  | Doberstein, Vitali   | 1984 | 4. M40 | VfL Bückeburg                        | 23:36,61 |
| 21    | 17. |     | 3132  | Rodepeter, Florian   | 1983 | 5. M40 | TuRa Löhne Lauftreff                 | 24:03,48 |
| 22    | 18. |     | 3548  | Rajnowski, Leon      | 2006 | 1. MU2 |                                      | 24:05,08 |
| 23    | 19. |     | 3041  | Zahn, Erik Immanuel  | 2009 | 1. MJU | Absolute Run Crew Minden             | 24:10,58 |
| 24    | 20. |     | 3048  | Enns, Waldemar       | 1967 | 1. M55 | Lübbecker Berglöwen                  | 24:16,77 |
| 25    | 21. |     | 3171  | v. Schellerstein,    | 1962 | 2. M60 | SVKT Kutenhausen                     | 24:22,48 |
| 26    | 22. |     | 3125  | Scherwinski, Fabian  | 1993 | 2. M30 |                                      | 24:24,98 |
| 27    |     | 5.  | 3201  | Niemann, Pauline     | 2010 | 1. WJU | SV 1860 Minden                       | 24:35,87 |
| 28    |     | 6.  | 3178  | Kettler, Anna        | 2007 | 2. WJU | ATSV Espelkamp                       | 24:38,37 |
| 29    |     | 7.  | 3083  | Schmidt, Nike        | 2007 | 3. WJU |                                      | 25:00,38 |
| 30    | 23. |     | 3537  | Erhardt, Viktor      | 1999 | 6. M   |                                      | 25:08,47 |
| 31    | 24. |     | 3031  | Thüner, Caspar       | 2004 | 2. MU2 |                                      | 25:14,97 |
| 32    | 25. |     | 3077  | Hiller, Sascha       | 1976 | 2. M50 | Volksbank PLUS eG                    | 25:24,07 |
| 33    |     | 8.  | 3174  | Grieser, Hanna       | 1996 | 1. W30 | 1860 Minden                          | 25:28,24 |
| 34    |     | 9.  | 3520  | Majchrzak, Anna      | 1993 | 2. W30 |                                      | 25:28,47 |
| 35    | 26. |     | 3073  | Faludi, Jonas        | 2004 | 3. MU2 | BSG MERKUR Gauselmann e.V.           | 25:31,54 |
| 36    |     | 10. | 3137  | Wöbbeking, Phailin   | 2013 | 1. WJU | Absolute Run Crew Minden             | 25:31,61 |
| 37    |     | 11. | 3105  | Schürmann, Annika    | 1986 | 1. W40 | SV 1860 Minden                       | 25:33,44 |
| 38    | 27. |     | 3175  | Armeli, Sebastiano   | 1964 | 3. M60 | Royal Casino                         | 25:44,63 |
| 39    |     | 12. | 3179  | Meier, Lena          | 2007 | 4. WJU | ATSV Espelkamp                       | 25:44,97 |
| 40    |     | 13. | 3510  | Herm, Yvonne         | 1974 | 1. W50 | VfL Bückeburg                        | 25:50,28 |
| 41    |     | 14. | 3206  | Kath, Stephanie      | 1986 | 2. W40 | Tri 4 Fun SVKT07 Minden              | 25:55,37 |
| 42    | 28. |     | 3100  | Collin, Enrico       | 1987 | 4. M35 |                                      | 25:56,78 |
| 43    | 29. |     | 3538  | Enns, Miguel         | 2008 | 1. MJU | BW Oberbauerschaft                   | 26:05,44 |
| 44    |     | 15. | 3123  | Enns, Samira         | 2010 | 2. WJU |                                      | 26:05,57 |
| 45    | 30. |     | 3172  | Wehbrink, Juri       | 2014 | 1. MJU | BSG MERKUR Gauselmann e.V.           | 26:10,07 |
| 46    |     | 16. | 3181  | Steinmann, Pia       | 2007 | 5. WJU | ATSV Espelkamp                       | 26:19,97 |
| 47    | 31. |     | 3145  | Frohwitter, Lutz     | 1963 | 4. M60 | SV 1860 Minden                       | 26:22,13 |
| 48    |     | 17. | 3047  | Teske, Anja          | 1975 | 2. W50 |                                      | 26:25,94 |

## 44. Volkswaldlauf "Um den Auesee"

### Ergebnisliste

| Platz | M   | W   | Start | Name                   | Jg.  | AK     | Verein                           | Zeit     |
|-------|-----|-----|-------|------------------------|------|--------|----------------------------------|----------|
| 49    | 32. |     | 3230  | Schreier, Stephan      | 1968 | 2. M55 |                                  | 26:26,48 |
| 50    |     | 18. | 3095  | Eigenrauch, Jasmin     | 2002 | 2. W   | SV 1860 Minden                   | 26:32,67 |
| 51    |     | 19. | 3215  | Rossa, Michaela        | 1974 | 3. W50 | Tri-4-Fun SVKT 07 Minden         | 26:40,47 |
| 52    |     | 20. | 3079  | Kröger, Luisa          | 2005 | 1. WU2 | Volksbank PLUS eG                | 26:43,48 |
| 53    |     | 21. | 3084  | Lambert, Luise         | 2009 | 3. WJU | SC Porta Nammen                  | 26:46,41 |
| 54    | 33. |     | 3513  | Nedzi, Dennis          | 1984 | 6. M40 |                                  | 26:46,61 |
| 55    | 34. |     | 3075  | Welschar, Oliver       | 1971 | 3. M55 |                                  | 26:47,24 |
| 56    |     | 22. | 3223  | Tonk, Christina        | 1966 | 1. W60 | SC Nammen                        | 26:49,23 |
| 57    | 35. |     | 3211  | Breuer, David          | 1988 | 5. M35 |                                  | 26:52,48 |
| 58    | 36. |     | 3117  | Vieth, Markus          | 1973 | 3. M50 | SV Schwarz-Weiß Ahle 1919 e.V.   | 26:54,98 |
| 59    |     | 23. | 3544  | Lang, Andrea           | 1980 | 1. W45 |                                  | 26:59,17 |
| 60    | 37. |     | 3525  | Cocchini, Gian Wea     | 1967 | 4. M55 |                                  | 27:00,97 |
| 61    |     | 24. | 3214  | Frohwitter, Jutta      | 1966 | 2. W60 | SV 1860 Minden                   | 27:03,34 |
| 62    | 38. |     | 3069  | Klaus, Alexander       | 2001 | 7. M   | TG Ennigloh                      | 27:16,57 |
| 63    | 39. |     | 3078  | Bormann, Joel          | 2000 | 8. M   | VB PLUS                          | 27:34,79 |
| 64    | 40. |     | 3202  | Peters, Kai-Uwe        | 1976 | 4. M50 | Tri-4-Fun-SVKT 07 Minden         | 27:34,91 |
| 65    | 41. |     | 3011  | Knollmann, Jens        | 1964 | 5. M60 | BSG Merkur Gauselmann e.V.       | 27:37,48 |
| 66    |     | 25. | 3054  | Wohl, Katja            | 1984 | 3. W40 | LT Freya Friedewalde / BSG EDEKA | 27:43,47 |
| 67    | 42. |     | 3221  | Bessel, Friedhelm      | 1959 | 1. M65 | LT Bierde 4                      | 27:55,23 |
| 68    | 43. |     | 3128  | Handt, Oliver          | 1980 | 2. M45 |                                  | 27:56,17 |
| 69    | 44. |     | 3028  | Schrimper, Paul        | 2010 | 2. MJU | ATSV Espelkamp                   | 28:06,17 |
| 70    | 45. |     | 3519  | Collin, Hugo           | 2015 | 1. MKU | ATSV Espelkamp                   | 28:07,89 |
| 71    |     | 26. | 3549  | Büsching, Meike        | 1985 | 4. W40 | SC Porta Westfalica Nammen       | 28:08,13 |
| 72    |     | 27. | 3093  | Hallmann, Anne         | 1983 | 5. W40 | Laufdeals.de                     | 28:14,14 |
| 73    |     | 28. | 3218  | Molkenbur, Marleen     | 2012 | 1. WJU |                                  | 28:14,18 |
| 74    | 46. |     | 3016  | Schwake, Daniel        | 1983 | 7. M40 | Hillpower Laufteam               | 28:25,58 |
| 75    |     | 29. | 3182  | Ehrich, Patricia       | 1996 | 3. W30 | OTSV Pr. Oldendorf               | 28:31,33 |
| 76    | 47. |     | 3141  | Nierste, Rüdiger       | 1964 | 6. M60 | VfB Fabbenstedt                  | 28:33,27 |
| 77    | 48. |     | 3027  | Schrimper, Emil        | 2013 | 2. MJU | VfB Fabbenstedt                  | 28:38,57 |
| 78    | 49. |     | 3522  | Meier, Maxi            | 2015 | 2. MKU | VfL Frotheim                     | 28:45,07 |
| 79    | 50. |     | 3546  | Pollert, Jonas         | 2014 | 3. MJU | VfL Frotheim                     | 28:45,35 |
| 80    |     | 30. | 3115  | Bockelmann, Nicola     | 1978 | 2. W45 |                                  | 28:51,81 |
| 81    |     | 31. | 3165  | Falkenreck, Nicole     | 1972 | 4. W50 | Loperei                          | 28:52,58 |
| 82    | 51. |     | 3074  | Faludi, Roland         | 1971 | 5. M55 | BSG MERKUR Gauselmann e.V.       | 28:54,18 |
| 83    |     | 32. | 3502  | Nolting, Viktoria      | 1983 | 6. W40 | VfL Frotheim                     | 29:01,28 |
| 84    | 52. |     | 3535  | Kran, Calvin           | 1999 | 9. M   |                                  | 29:27,87 |
| 85    | 53. |     | 3044  | Holzapfel, Lars        | 1971 | 6. M55 | TV Grüne Linde Eickhorst         | 29:35,57 |
| 86    | 54. |     | 3542  | Bock, Walter           | 1969 | 7. M55 | Tuspo Rahden                     | 29:36,37 |
| 87    |     | 33. | 3227  | Heumann, Anja          | 1970 | 1. W55 | Absolute Run Crew Minden         | 29:45,08 |
| 88    | 55. |     | 3529  | Niermann, Jonte Gustav | 2016 | 3. MKU | HSV Minden Nord                  | 29:45,64 |
| 89    | 56. |     | 3526  | Deubel, Sven Otto      | 1970 | 8. M55 | TuS Gehlenbeck                   | 29:46,12 |
| 90    |     | 34. | 3177  | Brandhorst, Karen      | 1972 | 5. W50 | Absolute Run Crew Minden         | 29:49,48 |
| 91    |     | 35. | 3096  | Brandt, Renate         | 1958 | 1. W65 | SV Warmsen                       | 30:02,74 |
| 92    | 57. |     | 3081  | Schreiber, Ulrich      | 1959 | 2. M65 | SV1860 Minden                    | 30:04,92 |
| 93    | 58. |     | 3184  | Rüter, Manuel          | 1979 | 3. M45 | mittwald runner                  | 30:05,23 |

## 44. Volkswaldlauf "Um den Auesee"

### Ergebnisliste

| Platz | M   | W   | Start | Name                   | Jg.  | AK  | Verein                             | Zeit     |
|-------|-----|-----|-------|------------------------|------|-----|------------------------------------|----------|
| 94    | 59. |     | 3515  | Kind, Sven             | 1991 | 6.  | M35 HSG Espelkamp Fabbenstedt      | 30:07,63 |
| 95    |     | 36. | 3025  | Klußmann, Laila Amelie | 2005 | 2.  | WU2                                | 30:08,53 |
| 96    |     | 37. | 3012  | von Behren, Julia      | 1993 | 4.  | W30                                | 30:19,47 |
| 97    | 60. |     | 3523  | Meier, Felix           | 2018 | 1.  | MKU VFL Frotheim                   | 30:25,24 |
| 98    |     | 38. | 3508  | Meier, Natalie         | 1983 | 7.  | W40 VFL Frotheim                   | 30:26,53 |
| 99    |     | 39. | 3108  | Wienold, Romy          | 2010 | 4.  | WJU TUS Lahde/Quetzen              | 30:26,82 |
| 100   | 61. |     | 3517  | Volk, Nils             | 1981 | 4.  | M45                                | 30:31,33 |
| 101   | 62. |     | 3506  | Rajnowski, Stephan     | 1971 | 9.  | M55                                | 30:40,07 |
| 102   | 63. |     | 3090  | Dullweber, Martin      | 1967 | 10. | M55                                | 30:46,78 |
| 103   |     | 40. | 3536  | Geddert, Vivien        | 2003 | 3.  | W                                  | 30:52,93 |
| 104   |     | 41. | 3037  | Bäumer, Daniela        | 1980 | 3.  | W45 BSG Merkur Gauselmann e.V.     | 31:00,97 |
| 105   | 64. |     | 3521  | Meier, Christian       | 1982 | 8.  | M40 VFL Frotheim                   | 31:06,37 |
| 106   |     | 42. | 3195  | Hartwig, Meike         | 1969 | 2.  | W55 SV 1860 Minden                 | 31:12,78 |
| 107   | 65. |     | 3216  | Röbke, Jörg            | 1963 | 7.  | M60 Absolute Run Crew Minden/TSV   | 31:23,88 |
| 108   | 66. |     | 3507  | Weber, Friederich      | 1978 | 5.  | M45 HSV Minden Nord                | 31:33,34 |
| 109   |     | 43. | 3543  | Bock, Bettina          | 1968 | 3.  | W55 Lübbecker Berglöwen            | 31:37,57 |
| 110   |     | 44. | 3150  | Mülken, Sabine         | 1984 | 8.  | W40 TVG Nordhemmern                | 31:39,63 |
| 111   |     | 45. | 3001  | Droste-Westermann,     | 1970 | 4.  | W55 TV Hille                       | 31:42,18 |
| 112   |     | 46. | 3068  | Lübber, Fabienne       | 1993 | 5.  | W30                                | 31:48,57 |
| 113   |     | 47. | 3210  | Bönker, Karo           | 1990 | 3.  | W35                                | 31:52,74 |
| 114   |     | 48. | 3046  | Rommelmann, Jana       | 1988 | 4.  | W35                                | 31:54,03 |
| 115   | 67. |     | 3530  | Thiemann, Falk         | 1984 | 9.  | M40                                | 31:59,88 |
| 116   |     | 49. | 3505  | Nolte, Nicole          | 1971 | 5.  | W55                                | 32:04,13 |
| 117   |     | 50. | 3076  | Wiese, Annika          | 2002 | 4.  | W Betriebssportgemeinschaft EDEKA  | 32:07,97 |
| 118   |     | 51. | 3516  | Kind, Kirsten          | 1994 | 6.  | W30 HSG Espelkamp-Fabbenstedt      | 32:09,77 |
| 119   |     | 52. | 3246  | Meier, Karin           | 1966 | 3.  | W60 SC Nammen                      | 32:18,04 |
| 120   |     | 53. | 3191  | Bindewald, Pauline     | 2012 | 2.  | WJU ATSV Espelkamp                 | 32:27,08 |
| 121   | 68. |     | 3133  | Schroeder, Klaus       | 1946 | 1.  | M80                                | 32:32,27 |
| 122   | 69. |     | 3162  | Stühmeier, Sven        | 1974 | 5.  | M50 Die Stühmies                   | 32:35,38 |
| 123   |     | 54. | 3140  | Timmermann, Heidi      | 1970 | 6.  | W55 LT Freya Friedewalde           | 32:42,78 |
| 124   |     | 55. | 3002  | Haesler, Kim           | 1991 | 5.  | W35 Loperei SG Schamerloh          | 32:56,17 |
| 125   |     | 56. | 3085  | Lambert, Matilda       | 2014 | 2.  | WJU SC Porta Nammen                | 33:02,83 |
| 126   |     | 57. | 3146  | Burst, Susanne         | 1973 | 6.  | W50                                | 33:11,73 |
| 127   | 70. |     | 3204  | Schwarze, Dieter       | 1961 | 3.  | M65 TUS Lahde/Quetzen              | 33:14,14 |
| 128   | 71. |     | 3147  | Kröger, Matthias       | 1970 | 11. | M55 TSV Rothenuffeln               | 33:15,97 |
| 129   | 72. |     | 3518  | Martsch, Martin        | 1959 | 4.  | M65                                | 33:22,17 |
| 130   |     | 58. | 3121  | Urban, Aileen          | 1992 | 7.  | W30 Minden Athletics               | 33:41,52 |
| 131   | 73. |     | 3531  | Möller, Ralf           | 1956 | 1.  | M70                                | 33:59,17 |
| 132   | 74. |     | 3144  | Wankelmann, Dirk       | 1973 | 6.  | M50 Volksbank PLUS eG              | 33:59,88 |
| 133   |     | 59. | 3050  | Diekmann, Frederike    | 1990 | 6.  | W35 BSG EDEKA Minden-Hannover e.V. | 34:05,08 |
| 134   |     | 60. | 3134  | Sorhage, Jil           | 1998 | 5.  | W HSG Hüllhorst                    | 34:20,67 |
| 135   | 75. |     | 3196  | Bindewald, Torsten     | 1967 | 12. | M55 VfB Fabbenstedt                | 34:26,67 |
| 136   |     | 61. | 3130  | Müller, Nina           | 1978 | 4.  | W45 SC Nammen                      | 34:28,87 |
| 137   | 76. |     | 3103  | Koerlings, Jürgen      | 1955 | 2.  | M70 WAGO                           | 34:53,22 |
| 138   |     | 62. | 3026  | Schrimper, Serena      | 1978 | 5.  | W45 VfB Fabbenstedt                | 34:57,12 |



## 44. Volkswaldlauf "Um den Auesee"

### Ergebnisliste

| Platz | M   | W   | Start | Name                 | Jg.  | AK  | Verein                             | Zeit     |
|-------|-----|-----|-------|----------------------|------|-----|------------------------------------|----------|
| 139   |     | 63. | 3244  | Müller, Leni         | 2013 | 3.  | WJU VfB Fabbenstedt                | 34:58,64 |
| 140   | 77. |     | 3070  | Hümer, Kalle         | 1956 | 3.  | M70                                | 34:59,71 |
| 141   |     | 64. | 3228  | Pauls, Ann-Christin  | 1994 | 8.  | W30                                | 35:44,28 |
| 142   | 78. |     | 3229  | Pauls, Tobias        | 1993 | 3.  | M30                                | 35:44,48 |
| 143   |     | 65. | 3119  | Hirsch, Carolina     | 1990 | 7.  | W35 SV Schwarz-Weiß Ahle 1919 e.V. | 35:50,38 |
| 144   |     | 66. | 3060  | Ehrhardt, Lena Marie | 2013 | 4.  | WJU Das E-Team                     | 35:52,92 |
| 145   | 79. |     | 3161  | Könemann, Dieter     | 1959 | 5.  | M65 SV Warmсен                     | 35:59,88 |
| 146   | 80. |     | 3033  | Nolte, Dietrich      | 1964 | 8.  | M60 SuS Holzhausen                 | 36:15,38 |
| 147   | 81. |     | 3500  | Szalties, Ole        | 2015 | 4.  | MKU TuS Lahde Quetzen              | 36:17,67 |
| 148   |     | 67. | 3007  | Löwen, Olga          | 1981 | 6.  | W45                                | 36:18,11 |
| 149   |     | 68. | 3547  | Bergmeier, Kirsten   | 1983 | 9.  | W40 VfB Fabbenstedt                | 36:21,17 |
| 150   |     | 69. | 3234  | Sanftenberg, Birgit  | 1953 | 1.  | W70 SV 1860 Minden e.V.            | 36:24,01 |
| 151   | 82. |     | 3006  | Schröder, Roland     | 1959 | 6.  | M65 TSV Rothenuffeln               | 36:33,48 |
| 152   |     | 70. | 3545  | Pollert, Marion      | 1982 | 10. | W40 VfL Frotheim                   | 36:52,68 |
| 153   |     | 71. | 3154  | Weber, Eva           | 1983 | 11. | W40 LT Freya Friedewalde           | 37:01,77 |
| 154   | 83. |     | 3155  | Lampe, Timon         | 2000 | 10. | M                                  | 37:07,31 |
| 155   |     | 72. | 3122  | Bente, Regina        | 1971 | 7.  | W55 LT Freya Friedewalde           | 37:15,54 |
| 156   |     | 73. | 3509  | Meier, Christina     | 1981 | 7.  | W45 HSG Espelkamp Fabbenstedt      | 37:33,73 |
| 157   |     | 74. | 3091  | Kucharczyk, Waltraud | 1951 | 1.  | W75 LT Petershagen                 | 38:00,37 |
| 158   | 84. |     | 3511  | Hanna, Marco         | 1976 | 7.  | M50 Bootsfahrschule OWL            | 38:08,58 |
| 159   |     | 75. | 3241  | Franke, Gundula      | 1970 | 8.  | W55                                | 38:17,21 |
| 160   |     | 76. | 3030  | Nolte, Julia         | 1995 | 9.  | W30                                | 38:40,12 |
| 161   | 85. |     | 3534  | Böckmann, Jan        | 1990 | 7.  | M35                                | 38:40,97 |
| 162   |     | 77. | 3136  | Pösz, Saskia         | 1993 | 10. | W30 BSG EDEKA Minden-Hannover e.V. | 38:41,25 |
| 163   |     | 78. | 3164  | Niebuhr, Lotta       | 2013 | 5.  | WJU TuS Bohnhorst                  | 38:44,62 |
| 164   |     | 79. | 3163  | Niebuhr, Melanie     | 1983 | 12. | W40 TuS Bohnhorst                  | 38:45,48 |
| 165   |     | 80. | 3127  | Schäfer, Mira        | 1988 | 8.  | W35                                | 38:46,42 |
| 166   |     | 81. | 3514  | Klameth, Juliane     | 1990 | 9.  | W35 HSG Espelkamp                  | 38:49,81 |
| 167   |     | 82. | 3159  | Bockelmann, Maike    | 1987 | 10. | W35                                | 38:59,21 |
| 168   |     | 83. | 3098  | Collin, Sabrina      | 1987 | 11. | W35                                | 39:08,48 |
| 169   |     | 84. | 3000  | Baumeister, Fides    | 1988 | 12. | W35 LT Petershagen                 | 39:12,92 |
| 170   | 86. |     | 3017  | Tiesing, Wilfried    | 1951 | 1.  | M75 Lauftreff Heidbrake            | 39:46,13 |
| 171   | 87. |     | 3106  | Hahn, Günter         | 1965 | 9.  | M60 TUS Lahde/Quetzen              | 39:54,62 |
| 172   |     | 85. | 3099  | Collin, Sarah        | 2010 | 5.  | WJU                                | 40:24,38 |
| 173   |     | 86. | 3512  | Müller, Wiebke       | 1999 | 6.  | W HSG Espelkamp-Fabbenstedt        | 40:47,97 |
| 174   |     | 87. | 3187  | Frobieter, Lisa      | 1993 | 11. | W30                                | 40:58,71 |
| 175   | 88. |     | 3188  | Frobieter, Fred      | 1960 | 7.  | M65                                | 40:59,37 |
| 176   | 89. |     | 3503  | Buhck, Jürgen        | 1948 | 2.  | M75                                | 41:05,18 |
| 177   |     | 88. | 3199  | Köbbe, Vera          | 1963 | 4.  | W60 Alpenverein Minden             | 41:09,92 |
| 178   | 90. |     | 3005  | Boberg, Jürgen       | 1950 | 3.  | M75 TG Werste                      | 41:16,08 |
| 179   |     | 89. | 3116  | Schröder, Sabine     | 1971 | 9.  | W55                                | 41:20,22 |
| 180   | 91. |     | 3532  | Dittmann, Sven       | 1994 | 4.  | M30 Green Physic                   | 41:46,77 |
| 181   |     | 90. | 3118  | Munkwitz, Manuela    | 1981 | 8.  | W45 SV Schwarz-Weiß Ahle 1919 e.V. | 42:12,52 |
| 182   |     | 91. | 3004  | Haesler, Mia         | 2011 | 3.  | WJU Loperei SG Schamerloh          | 44:06,55 |
| 183   | 92. |     | 3528  | Magira, Ben          | 2011 | 1.  | MJU SV Warmсен                     | 44:06,97 |

## 44. Volkswaldlauf "Um den Auesee"

### Ergebnisliste

| Platz | M   | W   | Start | Name                 | Jg.  | AK | Verein                          | Zeit     |
|-------|-----|-----|-------|----------------------|------|----|---------------------------------|----------|
| 184   |     | 92. | 3222  | Hilbig, Ilka         | 1977 | 9. | W45 TuRa Löhne Lauftreff        | 46:30,02 |
| 185   | 93. |     | 3194  | Rostek, Jürgen       | 1946 | 2. | M80 Diabeteszentrum Minden      | 46:32,41 |
| 186   | 94. |     | 3243  | Pentzek, Hans-Dieter | 1957 | 8. | M65 Bad Oeynhausen/just for fun | 47:25,35 |
| 187   |     | 93. | 3019  | Benne, Stefanie      | 1974 | 7. | W50                             | 49:33,75 |
| 188   |     | 94. | 3533  | Erlemeyer, Anna      | 1974 | 8. | W50                             | 49:33,97 |
| 189   | 95. |     | 3156  | Müller, Rudi         | 1938 | 1. | M85 HCE Bad Oeynhausen          | 55:52,92 |

#### 1,7 km - Lauf

|    |    |       |                    |      |    |                           |          |
|----|----|-------|--------------------|------|----|---------------------------|----------|
| 1  | 1. | 28    | Haake, Leon        | 2016 | 1. | MKU TUS Lahde-Quetzen     | 07:25,98 |
| 2  | 2. | 30    | Esau, Tayler       | 2014 | 1. | MJU Febg Espelkamp        | 08:02,91 |
| 3  | 3. | 1     | Wohl, Mattis       | 2016 | 2. | MKU LT Freya Friedewalde  | 08:04,17 |
| 4  | 4. | 2     | Bartelheimer, Jona | 2016 | 3. | MKU BSC Blasheim          | 08:24,41 |
| 5  |    | 1. 25 | Kolewe, Naya       | 2018 | 1. | WKU VfL Bückeburg         | 08:52,87 |
| 6  |    | 2. 26 | Bockelmann, Lilly  | 2016 | 1. | WKU TWG Nienstädt/Sülbeck | 09:16,45 |
| 7  |    | 3. 6  | Majchrzak, Julia   | 2016 | 2. | WKU                       | 09:17,65 |
| 8  | 5. | 4     | Ahmed, Amir        | 2017 | 1. | MKU                       | 10:17,41 |
| 9  | 6. | 27    | Federer, Simon     | 2019 | 1. | MKU Febg Espelkamp        | 10:17,78 |
| 10 |    | 4. 10 | Heckert, Liah      | 2019 | 1. | WKU                       | 10:31,11 |
| 11 |    | 5. 7  | Nedzi, Carlotta    | 2019 | 2. | WKU HSG EURO              | 10:33,35 |
| 12 |    | 6. 3  | Wecke, Greta       | 2018 | 2. | WKU                       | 10:40,97 |
| 13 | 7. | 8     | Volk, Luke         | 2017 | 2. | MKU                       | 11:20,15 |
| 14 | 8. | 9     | Collin, Till       | 2020 | 2. | MKU ATSV Espelkamp        | 12:27,35 |
| 15 | 9. | 5     | Ahmed, Mostafa     | 2014 | 2. | MJU                       | 12:54,27 |

Anzahl Teilnehmer: 423